

Pre-DUPR Rating Session Player Checklist.

Welcome to the your DUPR Rating Session with Paul Lejkowski!

This document includes a checklist of everything you'll need to complete **before your session.**

For questions, please email me at paul@learn2pickle.com

Important Note:

The Coach-Assigned DUPR is only for players who do not yet have a DUPR rating and have not logged any matches in the DUPR app. If you already have an established DUPR from logged matches, you are ineligible for a Coach-Assigned DUPR, and a DUPR Coach's assessment will not affect your rating. In that case, this session may not be applicable to you.

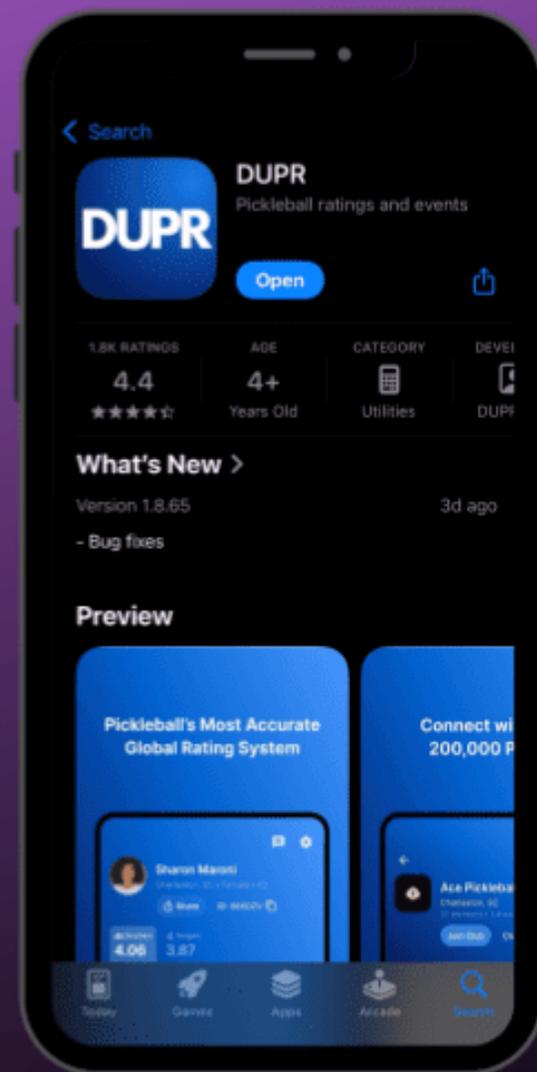
Step 1: Download the DUPR app and create your DUPR account.

Before your DUPR Rating Session, make sure you have an account. You can create one by downloading the DUPR app from the App Store, visiting dupr.com on a desktop or laptop, or completing this step in the My DUPR Coach app.

If you already have a DUPR account, make sure you're able to log in on your phone and that your Doubles Rating shows as NR (Not Rated). An NR rating means you haven't logged any matches and are eligible to receive a Coach-Assigned Rating from a DUPR Coach.

Please note: The Coach-Assigned Rating applies only to your Doubles DUPR Rating and does not affect your Singles Rating.

Additionally, if you already have an established Doubles DUPR Rating (meaning you've logged matches), you must not create a new account to receive a Coach-Assigned Rating. Doing so may result in the suspension of both your account and your coach's credentials.

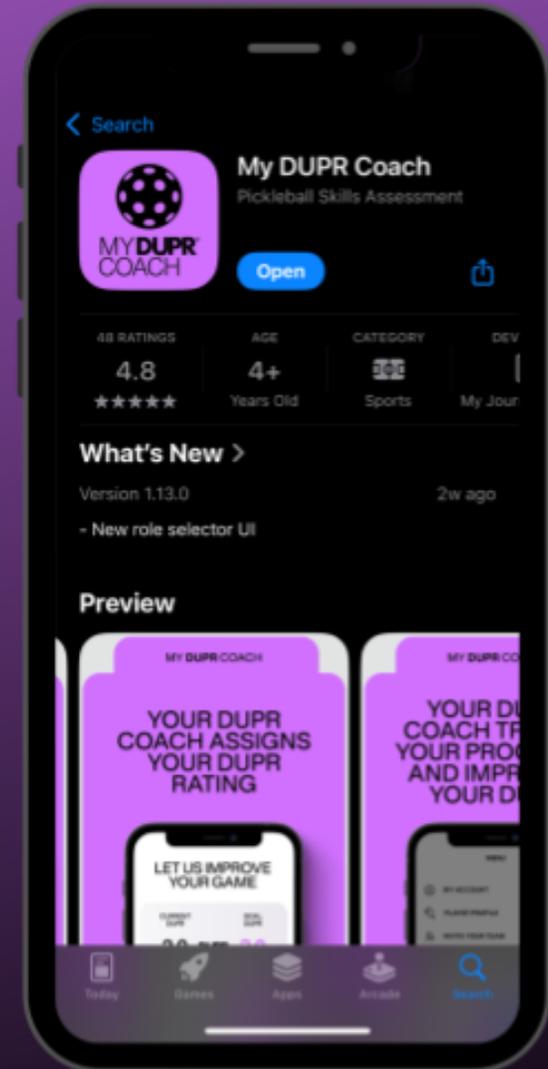


Step 2a: Download the My DUPR Coach app.

Download the My DUPR Coach app using my unique link below or by scanning the QR code. This will take you to the App Store to download the app.

- My DUPR Coach app link:

<https://link.myjourneypickleball.com/pD3jvMjHaUb>

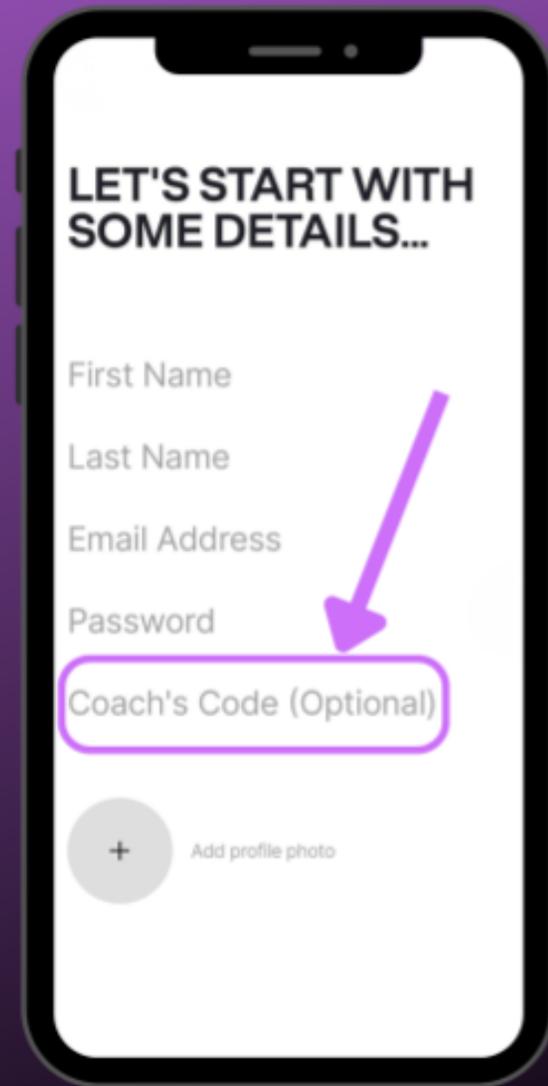


Step 2b: Enter my Coach Code and create your My DUPR Coach app account.

After downloading the app, select 'I am a Player' when prompted to choose between 'I am a Player' and 'I am a Coach.'

When creating your account, enter the Coach Code below to join my team. Then complete your account setup by answering all registration questions, including the 'My DUPR Goals' section. *If you receive an "invalid name" alert, remove all special characters, including spaces and periods. The name fields accept letters only.*

Once your account is fully set up, you'll be taken to the app's dashboard home screen and guided through a brief navigation walkthrough.



My Code: ux53ag6

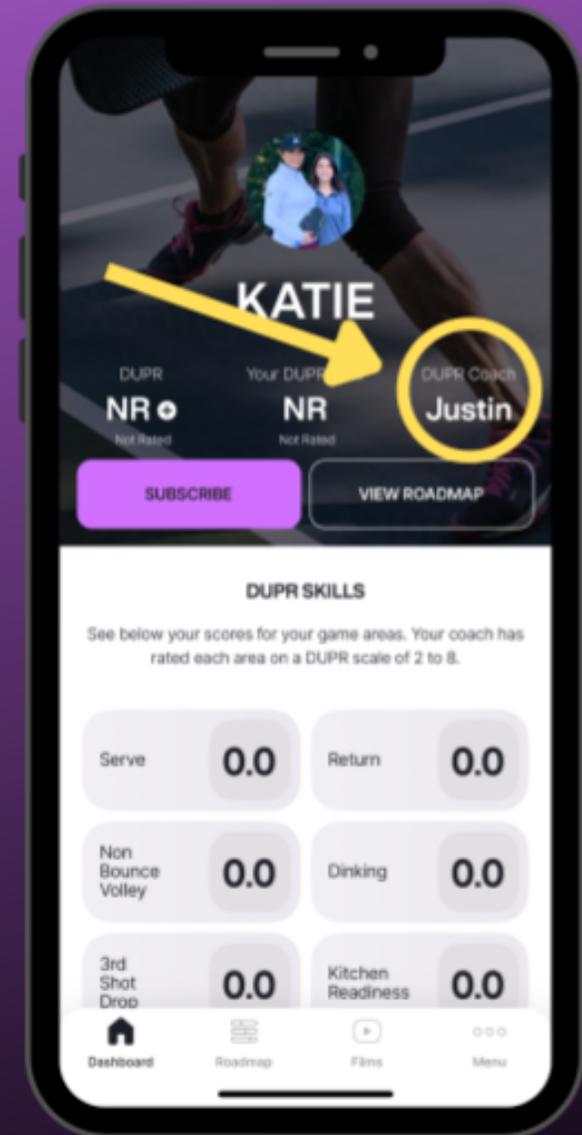
Step 3: Ensure that you are connected to my team.

Make sure your account is connected to my team.

To check, open the My DUPR Coach app and go to your Dashboard. On the right side under “DUPR Coach,” confirm that my first name is listed.

If you're assigned to the wrong coach, you can switch teams by opening the My DUPR Coach app menu and selecting ‘Find a Coach.’ This will bring up the DUPR Coach Map, where you can search for and select the correct coach. Tap ‘Get Your DUPR’ to update your team assignment.

To ensure the update appears, restart the app by closing and reopening it. My first name should now be correctly displayed.



Step 4: Link your My DUPR Coach account to your DUPR account.

Link your My DUPR Coach account to your DUPR account using one of these two methods:

Option 1: On the app Dashboard, tap the '+' sign next to 'NR' on the left side, then select 'Connect.'

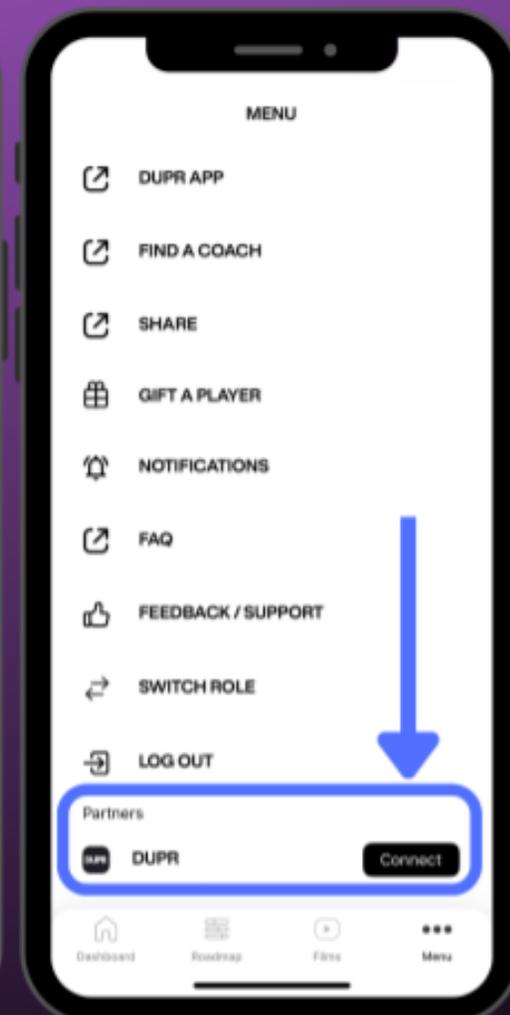
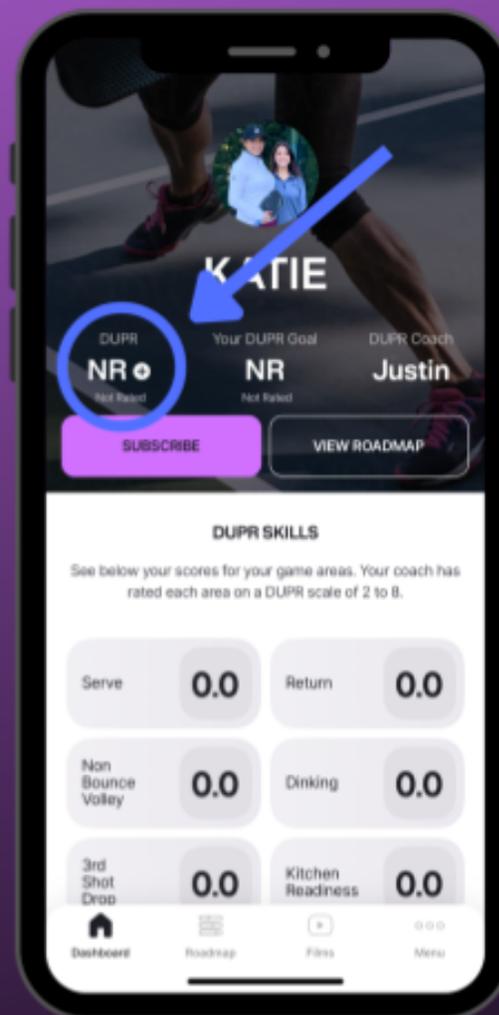
Option 2: Open the menu, scroll down to 'DUPR,' and tap 'Connect' and then 'Connect' again.

Next, either sign in with your existing DUPR credentials or sign up if you don't have an account yet.

After logging in or creating your account, grant DUPR access to complete the connection. You'll see a confirmation message once it's successful.

Once connected, the '+' sign will disappear from your dashboard, and the menu next to 'DUPR' will display 'Connected.'

This step is required in order to view your Coach-Assigned DUPR. If it is not completed, your rating will not appear on the My DUPR Coach app dashboard or within the DUPR system.



You're All Set! Time to Attend Your DUPR Rating Session!

I set the signup process and fees for the session.

During your session, I will evaluate your pickleball skills across the eight game areas listed under DUPR Skills in your My DUPR Coach app Dashboard. Based on this assessment, I will assign you a Coach-Assigned DUPR and provide an expected turnaround time for when you'll receive your rating.

Once your Coach-Assigned DUPR is submitted, you'll receive an email with your rating, coaching insights, and, if recorded, video footage of your gameplay.

If your accounts are linked, your Coach-Assigned DUPR will appear in both the My DUPR Coach app and the DUPR app, making it available for open play, leagues, and tournaments. The My DUPR Coach app will also display your Coach-Assigned DUPR, generate your DUPR Goal, and show your scores across all eight key game areas.

What's Next After Receiving Your Coach-Assigned DUPR?

Once you have your Coach-Assigned DUPR, you can choose the best path forward based on your pickleball goals.

Pathway 1: Start Competing & Log Matches

- Use your Coach-Assigned DUPR as your starting point and begin playing in DUPR leagues, open play, tournaments, and other competitive events.
- As soon as you log your first match, the DUPR algorithm takes over, adjusting your rating based on results.
- I can continue to help refine your skills, but my assessment will no longer impact your rating—only match results will.

Pathway 2: Maintain & Update Your Coach-Assigned DUPR

- If you prefer to keep a Coach-Assigned DUPR instead of transitioning to a match-based DUPR, you can attend additional DUPR Rating Sessions with me.
- Your Coach-Assigned DUPR can be updated through reassessments, ensuring it remains accurate as your skills evolve.
- You are not required to log official matches to maintain this rating, but attending multiple sessions is recommended for accuracy.
- Can't make it to another in-person session? Subscribe to the My DUPR Coach app (\$49.99 annually) to receive ongoing remote assessments from me, keeping your rating up to date from anywhere.

Whichever path you choose, I'm here to support your development and help you reach your pickleball goals!



Thank you for being part of the My DUPR Coach app community and for working with me! We appreciate your commitment to improving your game and achieving your pickleball goals.

